



Supporting and developing the curriculum by putting contemplation back into HE: enhancing students' attention and effectiveness

This event is funded by the Higher Education Academy

25 May 2012

9 am - 2:15 pm (includes lunch)

For Lecturers in Education, Academic staff & Students. Free event (for up to 30 delegates)

The focus of this event is the application of contemplative practices to enhance students' ability to learn in any subject. We will explore the evidence and potential of such practices to help students develop their ability to focus (hold attention) and through this, to increase their effectiveness as learners. Thus the main goals of the seminar are to:

- 1. engage participants with the available evidence
- 2. provide experiences of CPs
- 3. facilitate application within individual contexts

Please contact capadmin@qmu.ac.uk for a registration form or ioberski@qmu.ac.uk for further information